

# **State Level C Referee Exam Paper**

**Please refer to the:**  
**“IJF Sport and Organisation**  
**Rules (January 2025)”**

This is an open book Exam. You are required to read and refer to the IJF Sport and Organisation rules.

This exam consists of 28 questions with 50 Marks available in total.  
To pass this exam, you need to achieve a (minimum) 80%.

**Name:**

**Member ID:**

**Date:**

## 1/ “Field of Play and Competition Area”

With reference to Section 8.7, complete the following information:

- a) “Each competition tatami is divided into two zones: the contest area and the safety area. **(Complete the next sentence)**

1

- b) “The contest area for IJF events shall be a minimum of **(How many meters)** and a maximum of **(How many meters)**. The safety area shall be a minimum of **(How many meters)**.”

Minimum:

Maximum:

Safety area:

3

## 2/ “Reserve JudoGi Supply”

With reference to Appendix C1.12

“The Reserve JudoGi are provided only in the following cases”:

State any two of the four ‘situations’ identified.

1.

2.

2

### **3/ "Gestures"**

With reference to IJF Refereeing Rules – Article 4

What Score/Call do each of the following (5) descriptions represent?

- a) [The Referee] shall raise one of his/her arms sideways to shoulder height with the palm of the hand facing downwards.
  
- b) [The Referee] while bending his body forward towards the athletes, shall raise one of his/her arms, with the fingers of the hand straight and forward and the thumb up, to the front and wave it from right to left quickly two or three times.
  
- c) [The Referee] shall repeat with one hand the same gesture while raising the other hand above the head to the front and wave it from right to left two or three times.
  
- d) [The Referee] shall raise one of his arms to shoulder height approximately parallel to the tatami and display the flattened palm of his/her hand (fingers up) to the timing and scoring technical officials.
  
- e) [The Referee] shall take one step forward, raising one hand, palm in, above shoulder height towards the winner.

#### **4/ “Hygiene”**

With reference to Appendix E “IJF Medical and Anti-Doping Handbook”  
– Section E1.3

State one (of the four) ‘Hygiene’ criteria for the Athlete.

1.

1

#### **5/ “Location (Valid Areas)”**

With reference to IJF Refereeing Rules - Article 5

“a) When a throw is started with only one athlete in contact with the contest area, but during the action both athletes move outside the contest area, the action may be considered for point scoring purposes if the throwing action continues uninterrupted in the proximity of the limit of the contest area and no more than two meters in the safety area.”

TRUE/FALSE

1

#### **6/ “Location (Valid Areas)”**

With reference to IJF Refereeing Rules – Article 5

“c) Ne-waza outside the contest area: if the throwing action is finished outside the competition area in the proximity of the limit of the contest area and no more than two meters in the safety area and immediately one of the athletes applies osaekomi-waza, shime-waza or kansetsu-waza...” **(Complete the sentence)**

1

#### **7/“Duration of the Contest”**

With reference to IJF Refereeing Rules – Article 6

“Any athlete is entitled to **(How many)** minutes rest between contests.”

1

**8/ “Osaekomi Time”**

With reference to IJF Refereeing Rules – Article 7

Complete the following (time) information:

“Waza-ari:”

1

**9/ “Technique Coinciding with the Time Signal”**

With reference to IJF Refereeing Rules – Article 8

“Any technique applied after the time signal to indicate the expiry of the time SHALL be valid, even if the Referee has not yet announced SoreMade”

TRUE/FALSE

1

**10/ “Transition from Tachi-waza into Ne-waza (A)  
and from Ne-waza into Tachi-waza (B)”**

With reference to IJF Refereeing Rules – Article 10

“A2. Situations that allow the transition from tachi-waza to ne-waza

a) When one of the athletes lands on the ground and there is no score or waza-ari is given, either athlete can, without interruption...

**(Complete the sentence)**

1

## **11/ “Application of Matte”**

With reference to IJF Refereeing Rules – Article 11

“Situations where the referee shall announce matte:”

State three(3) situations when the Referee shall announce “Matte”

1.

2.

3.

3

## **12/ “Application of Matte”**

With reference to IJF Refereeing Rules – Article 11

“Situations where the referee shall not announce matte:”

State one (1) situation when the Referee SHALL NOT announce “Matte”

1.

1

**13/ “Sonomama”**

With reference to IJF Refereeing Rules” – Article 12

(After Sonomama has been called)...What announcement should the Referee make to recommence the Contest?

1

**14/ “End of Contest”**

With reference to IJF Refereeing Rules – Article 13

“2.Situations of sore-made:”

State two (2) situations when the Referee should announce “Soremade”

1.

2.

2

**15/ “End of Contest” (Golden Score)**

With reference to IJF Refereeing Rules – Article 13 “  
Golden score period”

“There is no time limit for golden score. Any existing score(s) and/or numbers of shido from regular time shall NOT BE carried into the golden score period and WILL BE removed from score board.”

TRUE/FALSE

1

**16/ “Ippon” (TachiWaza)**

With reference to IJF Refereeing Rules – Article 14

“1. Ippon will be given when the athlete throws his/her opponent on the back, applying a technique or countering his opponent’s attacking technique, ...  
**(Complete the sentence).”**

1

Define the following two ‘Terms’:

“ikioi” **(Definition)**

1

“hazumi” **(Definition)**

1

**17/ “Ippon” (TachiWaza)**

With reference to IJF Refereeing Rules – Article 14

“2. All situations in which one of the athletes deliberately makes a “bridge”(head and one foot or both feet in contact with the tatami) after having been thrown will be considered ippon.”

TRUE/FALSE

1



**18/ “Ippon evaluation in katame-waza”**

With reference to IJF Refereeing Rules” – Article 14

State one(1) situation when the Referee should award “Ippon” during Ne Waza.

1

**19/ “Waza-ari”**

With reference to IJF Refereeing Rules – Article 15

Complete the following Three Statements:

Landing more than 90 degrees **(Complete missing Section)**

A score will be given for a whole side of the body landing **(Complete missing Section)**.  
Only the shoulder position must be considered.

Everything that is out of this range will be **(Complete missing Section)**

3

**20/ “Waza-ari-awasete-ippou”**

With reference to IJF Refereeing Rules – Article 16

“Should one athlete gain a second waza-ari in the contest, the referee shall ONLY announce “Ippou”.

TRUE/FALSE

1

**21/ “Osaekomi-waza”**

With reference to IJF Refereeing Rules – Article 17

Complete the following TWO criteria in this Statement:

“The referee shall announce Osaekomi for an applied technique when the athlete being held:

1/

2/

2

**22/ “Osaekomi-waza”**

With reference to IJF Refereeing Rules – Article 17

“Should an athlete who is controlling his/her opponent with an osaekomi-waza, change without losing control, into another osaekomi-waza, the osaekomi time will continue until the announcement of ippon (or equivalence), toketa or mate.”

TRUE/FALSE

1

## **23/ “Prohibited Acts and Penalties (Shido)”**

“With reference to IJF Refereeing Rules – Article: 18.1.1”

a) “With reference to IJF Refereeing Rules – Article: 18.1.1”:

"Shido for a Lack of Combativity". Complete the following two (2) Statements:

2. “To make an action designed to give the impression of an attack but... **(Complete missing words)** ...(false attack).”

5. “ Without there being an attack engaged in a valid position (see Article 5 - Exceptions):

• **(Complete missing words)**

• In ne-waza to go deliberately outside the contest area

b) “With reference to IJF Refereeing Rules – Article: 18.1.2

" Shido for an Illegal Move”. Complete the following two (2) Statements:

9. “Ducking beneath the opponent’s arm **(Complete missing words)**

12. “In a standing position, **(Complete missing words)** to prevent action in the contest or to take the wrist or the hands of the opponent only to avoid the grip or the attack on him.

## **24/ “Prohibited Acts and Penalties” (Hansoku-make)**

With reference to IJF Refereeing Rules – Article 18.2

“With reference to IJF Refereeing Rules – Article: 18.2.1”

"Hansoku-make for Dangerous Techniques”\_

If this type of hansoku-make is awarded the athlete can continue in the Competition.

To “dive” headfirst, onto the tatami by bending forward and downward. **(Complete missing words)**... it is forbidden to somersault forward when uke is on the shoulders or the back of tori.

“With reference to IJF Refereeing Rules – Article: 18.2.2”

"Hansoku-make for Hansoku-make for Acts against the Spirit of Judo”

Dot-points 2, 3, & 4 Name Three throwing techniques that would be given HansokuMake for being against the Spirit of Judo. Name ONE of these techniques.

2

## **25/ “Default and Withdrawal”**

With reference to IJF Refereeing Rules – Article 19

Complete the following two (2) Statements:

a) The decision of fusen-gachi shall be given to any athlete whose opponent...  
**(Complete the sentence)**

b) The decision of kiken-gachi shall be given to any athlete whose opponent...  
**(Complete the sentence)**

2

**26/ “Injury, Illness or Accident” Default and Withdrawal**

With reference to IJF Refereeing Rules – Article 20

Complete the following statement:

- a) Where the cause of the injury is attributed to the injured athlete...  
**(Complete the statement)**

1

**27/ “Injury, Illness or Accident” (Medical Examinations)**

With reference to IJF Refereeing Rules – Article 20

“b) The athlete may ask the referee to call for the doctor, but in this case the contest is terminated, and his opponent shall win by fusen-gachi.”

TRUE/FALSE

1

**28/ “Coaches Code of Conduct”**

With reference to Section 7.1

Complete the following Two Statements:

Coach positions are provided for each tatami **(Complete missing Section)**.

During the contest the coach can only give instructions from this position. Coaching is authorised only during the pause after Mate! and before Hajime! **(Complete missing Section)**

2